



# 10 Ways to Increase Your Worth and Live a more Joyful Life!

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## Joy Vs. Happiness By: Ashly Kohly-Darroch

**T**he people that have the ability to attract extreme abundance into their lives usually share some of the same core basics. These dynamic, bright and magnetic individuals have certain things in common that continually increase their worth. In this article I want to share with you ten key ways to increase yours.

First and most important, Share. Sharing is caring, God gives to us to give to others the more you share the more you will have.

Number two: Be Kind. When one is thoughtful and tender with another it creates a feeling of humble abundance which exudes and attracts worth.

Number three: Gratitude. How can we have what we want in our lives if we are constantly focusing on what we don't have. Find 10 things a day that you are grateful for and confirm them aloud. Try this for thirty days and you'll notice by simply having an attitude of gratefulness how much more goodness will come into you life.

Number four: Deliberate Enthusiasm. Daily enthusiasm for the smallest of things, sends positive signals to the brain which in turn make you feel more joyful.

Number five: Extend Manners. Please and thank you are always some of the most comforting and respectful words one can hear.

Number six: Be Healthy. Take care of yourself. You have this one body for life. Make it the best you can. Find the foods and habits that make you feel healthy and attractive.

Number seven: Honesty. Truth at all cost. Being honest with yourself and others gives you a dependable value, that gives others comfort in knowing who you are. It says not only will you stand for them, but you will stand for what you believe.

Number eight: Financial freedom, part of freedom is being out of debt. Assess on paper where you are financially and make a five year plan to improve it. With the question in mind, how do I increase my net worth? How can I feasibly get out of debt? Taking small daily steps can make a double digit difference.

Number nine: Sing your song. Who were you created to be. Find your talents, your strengths. To do this look at the things you do daily and in these lie the seeds of your greatness, build on them and soon you will start singing your song.

Number ten: Spirituality check, who are you. Do you have a relationship with the creator of the universe. He loves you, put your hands together clean your spirit, get rid of whatever holds you back, ask God to forgive it - don't relive it and ask him to fill you up with the vibrant beauty and radiate in the light.

Get good, stay good, be good.

It's important to begin your day focused on your source of energy and life.

This way everything you do in the day is through your source and it becomes easier to move in a continual positive powerful way , thus increasing your worth.